

**To access past Updates, please visit NHC's website, or Ctrl/click on this link**  
**[UPDATE FROM NEPEAN HOUSING CORPORATION- \(COVID-19\)](#)**

## Isolation Recreation



Online for you! In this period of social distancing, Ottawa Public Library offers you content for leisure and learning...at the tip of your fingertips. Isolation does not equal boredom – and we can help you answer the question: What can I do today? Creative activities, wellness tips, literary and cultural gems, learning tools, and much more – we've got lots to inspire, encourage, and entertain you during this period of social distancing. Discover OPL's amazing online content that will help you make the most of this time out.

[More details...](#)



Are you bored? We have lots of fun things for you to explore and learn! Read along to a book, discover fun facts in our interactive encyclopedias or watch some of your favourite shows. Click on a category below, your learning adventure awaits!

[More details...](#)

**Ottawa Bylaw officers cracking down on house parties, park play dates during COVID-19 pandemic**

Effective immediately, Ottawa Bylaw officers will be proactively monitoring and enforcing calls related to:

- Gatherings of five or more people in public or private residences
- People congregating in parks/using park facilities or equipment
- Restaurants that continue to offer dine-in services
- Non-essential retail businesses continuing to operate.

Residents are asked to call 311 if they have concerns. Ottawa By-Law will focus on education first, but has the power to issue fines. Failure to comply could result in fines under the provincial Act of up to \$100,000 for individuals, \$500,000 for a director of a corporation or \$10-million for a corporation itself. Complaints related to quarantine orders should be reported to Ottawa Police at 613-236-1222 ext. 7502.

### **A message from Canada Post**

The union representing Canada Post employees is asking Canadians to disinfect their mail boxes to help prevent the spread of COVID-19. The post office is asking Canadians with dogs to keep their doors closed during deliveries, where possible.

### **Ottawa's garbage, recycling and green bin collection during COVID-19 pandemic**

There is no change in the City of Ottawa's curbside garbage, recycling and green bin collection during the COVID-19 pandemic. But residents are being asked to take steps to help protect staff picking up the items at your curb.

Here are a few things we can collectively do help our garbage collectors and other sanitation workers stay safe while they continue to provide their essential services:

- Use soap and water or an alcohol-based cleaning product to wash-off the handles and lids of all trash and recycling bins that are physically picked-up by sanitation workers
- Ensure that bins and bags are closed and sealed properly; and that any used tissues are disposed of in bags
- Rinse off and wipe down bottles, cans, and other recyclables that you put into bins

### **Quebec police set up checkpoints to limit non-essential travel between Ottawa and Gatineau**

Motorists will be greeted by random police checkpoints along the Gatineau-Ottawa border as Quebec ramps up its battle to limit the spread of COVID-19. The Quebec Government announced that starting at 12 p.m. on April 1, police will be deployed in the Outaouais region aiming to "limit non-essential movements" between Ontario and Quebec.

**WHAT ARE WE GOING  
TO DO TOMORROW, BRAIN?**



**THE SAME THING WE DO  
EVERY DAY, PINKY. STAY  
HOME TO FLATTEN THE CURVE.**